

UNASOURCE SURGERY CENTER SPINE SURGERY EXPERIENCE TIMELINE*

*YOUR INDIVIDUAL EXPERIENCE MAY VARY

2-4 WEEKS BEFORE SURGERY

- Watch the spine surgery education video on www.unasourcesurgery.com/spinesurgery.
- Stop taking certain medications, as instructed.

2 WEEKS BEFORE SURGERY

- UnaSource Surgery Center Patient Registration may call to verify your demographic and insurance information.
- Look for an email from our RN ortho coordinator with steps to take before surgery.

3-5 DAYS BEFORE SURGERY

- Begin mupirocin (Bactroban) nasal ointment if prescribed by your surgeon.

2 DAYS BEFORE SURGERY

- Start showering with chlorhexidine gluconate.

1 DAY BEFORE SURGERY

- Shower with chlorhexidine gluconate.
- UnaSource Surgery Center will call between 4 and 7 p.m. with your surgery arrival time.
- Wash bedding and towels.
- Do not eat after midnight.

3 HOURS PRIOR TO ARRIVAL

- Drink a carbohydrate-rich drink 3 hours prior to arrival, such as 100% no sugar added white grape juice or Ensure Pre-Surgery Clear. (Instructions do not apply to insulin-dependent diabetics.)

DAY OF SURGERY

- Shower with chlorhexidine gluconate at home prior to surgery.
- Replace bedding with fresh linens prior to surgery.
- Take the medications you have been instructed to take with only a sip of water.

1 DAY AFTER SURGERY

- A UnaSource Surgery Center ortho coordinator will call to follow up.
- Call your surgeon's office to schedule a follow-up appointment.

2 DAYS AFTER SURGERY

- A UnaSource Surgery Center ortho coordinator will call to follow up.

7 DAYS AFTER SURGERY

- A UnaSource Surgery Center ortho coordinator will call to follow up.

30 / 60 / 90 DAYS AFTER SURGERY

- You will receive a follow-up email from UnaSource.